

SUPPLEMENTAL RULES FOR
10 and Under | 12 and Under

Official current US Soccer Laws of the Game will be used (please reference www.ussoccer.com or the field supervisor if unfamiliar) with local modifications. The following *exceptions* are introduced to: 1) emphasize teamwork; 2) provide a learning environment; 3) provide an opportunity for all players to participate.

TIME LIMIT

Four ten-minute quarters.

PLAYING TIME

Players **must** play one full quarter, minimum of ten minutes, each half.

SUBSTITUTION

All substitutions are coaching decisions, and the substitutions must be at mid-field. Substitutions will be made as follows:

EITHER TEAM MAY SUBSTITUTE:

- a. Between periods.
- b. On a goal kick.
- c. When a goal has been scored.
- d. When play is stopped and an injured player is attended to on the field.
- e. On a throw-in.

EXCEPTION: During a penalty kick situation;

- a) the only substitution permitted is for an injured player;
- b) a substitute entering the game at this time shall not take a penalty kick.

GOALKEEPER

Must change every quarter and not play over one-half of the game in that position.

OF PLAYERS

Eleven, including the goalkeeper; seven to start. Teams will play even unless a referee's disqualification causes the shortage. (Example: If team A shows up with 7 players, team B will play 7 players.) Teams short may pull other registered players from other teams within its age group to start the game with 7. Game time is start time. There is NO FORFEIT.

OFFSIDE

Offside **will be called.**

TEAM BENCHES

One team on each side of the field. The team listed as "home" on the schedule will occupy the farthest side of the field from the parking lot, or the left side of the field as it is approached. Coaches and parents shall remain on that side of the field ONLY. If a disagreement occurs on which team occupies which side of the field; the **field supervisor** shall make that determination.

EQUIPMENT

Size of ball is a #4. Detachable, metal cleats and toe cleats are prohibited; molded soles are recommended; flat shoes (sneakers) are acceptable; **SHIN GUARDS ARE REQUIRED.** Jewelry and shorts with zippers are prohibited. Socks must **completely** cover the shin guards.

AWARDS

No post-season tournament. Standings are not recorded. Every player in the league receives a participation jersey and certificate.

OVER

UNSPORTSMANLIKE CONDUCT

All players and coaches will be suspended for a minimum of one (1) game upon notice of their third yellow card in a season, issued by the referee. Any player or coach ejected from a game, (receiving a red card by a referee), will automatically be suspended one (1) game for unsportsmanlike conduct and two (2) games for fighting. The suspension will be served during the next scheduled game (s) by his/her team. No notice of the suspension will be required. In the event a player/coach deviates from the suspension, it will constitute a forfeit.

HEADERS

Players in 12 & Under and below shall not engage in heading, either in practices or in games. When a player deliberately heads the ball in a game, an indirect free kick should be awarded to the opposing team from the spot of the offense. If the deliberate header occurs within the goal area, the indirect free kick should be taken on the goal area line parallel to the goal line at the point nearest to where the infringement occurred. Any player suspected of suffering a head injury must be substituted for evaluation.

SLIDE TACKLES

Slide tackling will be prohibited during all practices and games. Slide tackle will be immediately whistled as a foul, and for these specific age groups, result in an indirect free kick. Continuous slide tackling will result in a yellow or red card, respectively. Coach should instruct their players that slide tackling is dangerous and not allowed.



PLAYER CODE OF CONDUCT

AS A YORK COUNTY PARKS AND RECREATION PARTICIPANT, I WILL:

- Treat other players, officials, coaches or spectators with respect, regardless of their age or decisions.
- Participate in organized practices and games to the best of my ability by arriving on time and respecting my coaches and other players.
- Encourage and display good sporting conduct and follow by-laws, rules, etc.
- NOT show dissent by words or actions with official's decisions.
- NOT make negative remarks towards nor harass other players, officials, coaches or spectators.
- NOT play in a reckless, violent or dangerous manner or any manner that might cause reckless or deliberate injury to myself or to other players.
- NOT use nor be under the influence of alcohol or illegal drugs at practices or games.
- NOT threaten, harass or intimidate officials in any way before, during and after any game.
- NOT use offensive, profane, or vulgar language at practices or games.
- Respect the facilities (fields, gymnasiums, school property, etc.), refrain from littering, and honor field closures.

I also agree that if I fail to abide by these rules and guidelines, I will be subject to disciplinary action that could include, but is not limited to the following:

- Verbal warning by official and/or York County P&R Staff
- Written warning from York County P&R League Coordinator
- Game suspension with written documentation of incident kept on file by York County P&R League Coordinator
- Season suspension

I understand that if I am suspended or expelled from school, I am not permitted on York County School Division (YCSD) property and will not be able to participate in York County Parks and Recreation programs for the duration of the suspension. I understand that this also applies to Non-County residents in York County P&R programs.

Serious matters that occur on school property *may result* in the school being informed and could result in action taken by YCSD. If **law enforcement** becomes involved, **YCSD will be informed** and I may receive disciplinary action from the school administration in addition to league consequences.

As a York County P&R Participant, I agree to follow the Rules and Regulations and support York County P&R programs.